# PERSON/FAMILY CENTERED PLANNING

Training for Independent Contract Providers

#### What is Person/Family Centered Planning?

Person/Family Centered Planning is the process by which a person and their support circle is assisted in determining or voicing their hopes and dreams so that they may be interpreted into goals and objectives.

## Client Choice...Our Commitment

- Person/Family Centered Planning aligns with Centra Wellness Network's Vision, Mission and Values.
- Person/Family Centered Planning allows us more opportunity to live out our values with the clients and families we serve.
- Person/Family Centered Planning offers the chance for providers and staff to interact with community members in positive ways to increase supportive networks.

- Vision: We see a community where every life is valued, has meaning, and each person is treated with dignity and respect.
- Mission: Enhancing freedoms to lead a meaningful life through quality behavioral healthcare, leadership, promoting individual wellness, and teamwork within our community.
- Values: Client focused, transparency in decision making, positive work and treatment environment, responsive to stakeholder needs.

### Why is Person/Family Centered Planning Important?

• It honors the people we serve.

- It is based on strengths and empowers people to learn new skills.
- It helps us and the client set, prioritize and meet goals.
- It gives the client the opportunity to develop networks of support.

• It is the law (Michigan Mental Health Code 330.1712)

### Person/Family Centered Planning Process: How does it work?

- •Needs flow into the plan unless noted as not included by client or family choice.
- Preplanning will reflect client/family strengths and choices for planning meeting date, time , location and participants.

- •Invite natural and paid supports as chosen by the client/family
- Develop a written plan including client/family goals and objectives
- •Obtain signatures from participants

Assessment of Needs

> Planning Meeting

> > • Follow the plan! Make sure you understand and are trained to provide the services according to the plan.

- Document your services as outlined by the client/family's case manager.
- •Give feedback when things are going well as well as when you notice an update is needed.

#### CONTACT THE CASE MANAGER FOR YOUR CLIENT/FAMILY TO GET INFORMATION OR MORE TECHNICAL ASSISTANCE RELATED TO YOUR ROLE IN THE CLIENT/FAMILY PLAN OF SERVICE.

Ensuring Person/Family Centered Planning is everyone's responsibility!

