



SEPTEMBER

## National Suicide Prevention Awareness Month

We invite you to join us for a wellness event for Suicide Prevention & Awareness Month!



All are welcome!

- Speakers
- Awareness Education
- Health Booths
- Resources
- Free chair massages: self-care
- Boxed Meal
- Yard Games
- Balloon Artist

*Free & open to the public*

If you have any questions, you can call  
Cassandra @ 231-655-3278 or 231-398-0434.

## Manistee County's Annual Suicide Prevention & Awareness Event

September 12<sup>th</sup>

4:00pm-7:00pm

Located @ the  
Lion's Pavilion at 1<sup>st</sup>  
Street Beach.

4:00pm-5:00pm  
Activities

5:00pm-6:00pm  
Speakers/Food

6:00pm-7:00pm  
Activities Resume

Sponsored by LRBOI Be Da Bin Behavioral Health, Manistee Friendship Society, Centra Wellness Network, & the Manistee County Suicide Prevention & Awareness Coalition