Manistee Friendship Society

MENTAL HEALTH DROP-IN CENTER

231-398-0434 • 50 Filer Street, Suite 316, Manistee, MI 49660 (3rd floor)

manisteefriendshipsociety.org • Find us on Facebook

November 2026



You belong here!

A safe place for support, connection and hope.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **CLOSED**	**2** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery (Addiction Support) 10am–1pm: Volunteering at Northern Pathways Equine Center (Please call to sign up). 11am–12pm: Theatre Club with Kerry	**3** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery Family & Friends 10:30am-11:30am: Fun with Art! 12:30pm-1:30pm: Sewing with Sabrina	**4** **CLOSED** Suds Your Duds Laundry Program- MFS Members Only. (Please call to make an appointment)	**5** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery (Addiction Support) 1pm–2pm: DBT Skills Group	**6** **Drop-in: 9:30 AM–3 PM** 10am-11am Anger Management 11am-12pm: Coffee with Kerry	**7** **CLOSED**
8 **CLOSED**	**9** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery (Addiction Support) 10am–1pm: Volunteering at Northern Pathways Equine Center (Please call to sign up) 11am–12pm: Theatre Club with Kerry	**10** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery Family & Friends 10:30am-11:30am: Fun with Art! 12:30pm-1:30pm: Sewing with Sabrina	**11** **CLOSED**	**12** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery (Addiction Support) 1pm–2pm: DBT Skills Group	**13** **Drop-in: 9:30 AM–3 PM** 10am-11am Anger Management 11am-12pm: Coffee with Kerry	**14** **CLOSED**
15 **CLOSED** PANTRY WEEK	**16** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery (Addiction Support) 11am–12pm: Theatre Club with Kerry 12:30pm-2pm: Fall Craft Decor	**17** 9am: Board Meeting 10am-2pm: Friendsgiving Luncheon 10am–11am: SMART Recovery Family & Friends	**18** **CLOSED** Feeding America Mobile Food Bank 11am at 1201 Lakeshore Rd., Manistee. (Lakeshore Church) Drive thru only. You may pick up for someone as a proxy.	**19** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery (Addiction Support) 12pm–2pm: Bowling @ StrikeTown	**20** **Drop-in: 9:30 AM–3 PM** 10am-11am Anger Management 11am-12pm: Coffee with Kerry	**21** **CLOSED** PANTRY WEEK
22 **CLOSED**	**23** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery (Addiction Support) 11am–12pm: Theatre Club with Kerry 12:30pm-2pm: Fall Craft Decor	**24** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery Family & Friends 10:30am-11:30am: Fun with Art! 12:30pm-1:30pm: Sewing with Sabrina	**25** **Drop-in: 9:30 AM–3 PM** 10am-12pm: Fall Crafts 11am-12pm: NAMI: Family Support Group	**26** **CLOSED**	**27** **CLOSED**	**28** **CLOSED**
29 **CLOSED**	**30** **Drop-in: 9:30 AM–3 PM** 10am–11am: SMART Recovery (Addiction Support) 11am–12pm: Theatre Club with Kerry 12:30pm-2pm: Fall Craft Decor					

We're here for you.

Peer support, socializing, the computer lab, and mini gym are available Monday–Friday, 9:30 AM–3 PM.
Just drop in!

Peer support by appointment
Monday–Friday, 8:30 AM–4:30 PM
Call **231-398-0434**
to schedule an appointment.

Lunch ♡

Served weekdays at noon, unless otherwise noted.