

# CHALK THE WALK & HAVE THE TALK

**FOR SUICIDE PREVENTION & AWARENESS**

September is Suicide Prevention Awareness Month & the Manistee County Suicide Prevention & Awareness Coalition is asking for help to shine the light on suicide prevention.

Join us for **CHALK THE WALK & HAVE THE TALK** during the week of September 3<sup>rd</sup>-9<sup>th</sup>!

## WHAT CAN YOU DO?

Use chalk to beautify our community with images and messages of **HOPE, RESILIENCE, SUICIDE AWARENESS & PREVENTION** all around Manistee!

(For example: your driveway, sidewalks, and walking trails)

Share your fun by tagging a pic of your **CHALK THE WALK** to the Manistee Friendship Society's Facebook page for your chance to win a 60-minute massage (compliments of Anita Shaffer- Therapeutic Massage), 2 color tour tickets from the Manistee County Blacker Airport, 2 \$50.00 gift cards from Clean Lines Tattoo Company LLC or 2 tickets aboard the Princess Boat of Manistee!

A **HUGE** thank you goes out to those mentioned above for their donations to our event! It is much appreciated ❤️

**#chalkthewalk2023**

If you have any questions, you can call Cassandra @ 231-655-3278 or 231-398-0434.