

BENZIE FRIENDS DROP-IN CENTER MAY 2026

Sun	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 LOCAL BEACH WALK POINT BETSIE 12-2PM	2 Pizza Saturday & GAMES 12-2PM Phone Support Available 10-4
3	4 Phone Support Available 10-2	5 DBT Skills – Carolyn 10:45 am 12:30PM PHOTOGRAPHY Workshop w/ Renee	6 Food Pantry MUSIC W/CARLA @ 10:30AM ART THERAPY W/JES 11:45 Spiritual Support 1pm Hearing Voices Group 2pm-3pm	7 Manistee – Vogue Theater & China Buffet	8 BINGO 11AM PING PONG & HOT DOGS 12:30PM WOMENS GROUP 1-2PM	9 Pizza Saturday & GAMES 12-2PM Phone Support Available 10-4
10	11 Phone Support Available 10-2	12 STAFF TRAINING DAY	13 Food Pantry MUSIC W/CARLA @ 10:30AM ART THERAPY W/JES 11:45 Spiritual Support 1pm LGBTQ+ SUPPORT GROUP 2-3PM	14 INDEPENDENT LIVING SKILLS W/ DYLAN 10:30PM GYM w/ Renee GAMING CLUB 2-4P	15 Day of Education Mental Health Conference – Gaylord - Leave Early	16 Member Shopping Day – Store Credit for members Phone Support Available 10-4
17	18 Phone Support Available 10-2	19 DBT Skills – Carolyn 10:45 am 12:30PM PHOTOGRAPHY Workshop w/ Renee	20 Food Pantry MUSIC W/CARLA @ 10:30AM ART THERAPY W/JES 11:45 Spiritual Support 1pm Hearing Voices Group 2pm-3pm	21 PUTT PUTT 10-12PM MEMBER MTG , LUNCH & 12:30-2PM	22 BINGO 11AM CORNHOLE & HOT DOGS 12:30PM WOMENS GROUP 1-2PM	23 Saturday GYM 11AM Phone Support Available 10-4
24	25 Phone Support Available 10-2	26 DBT Skills – Carolyn 10:45 am BINGO 1PM	27 Food Pantry SPRING CLEANING DAY – SIGN UP	28 INDEPENDENT LIVING SKILLS W/ DYLAN 10:30PM GYM w/ Renee GAMING CLUB 2-4PM	29 Traverse City BEAUTY SCHOOL – Mall & Lunch	30 Pizza Saturday & GAMES 12-2PM Phone Support Available 10-4
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***PLEASE NOTE – OUTINGS IN GREEN MUST BE SIGNED UP FOR IN ADVANCE**

Staff available by phone 9:30am – 4:30pm Tuesday – Saturday, Monday 10-2pm **Call ahead for your food box!**

231-383-4300 LUNCH AT THE DROP IN – TUESDAYS AND THURSDAYS