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| Present: | | <p align="center">Centra Wellness Network Board Meeting Minutes 9:00 a.m. 3/12/2026 Administration</p> <p>Vision and Mission Statement: We see a community where everyone's life is valued, has meaning, and each person is treated with dignity and respect. Enhancing freedom to lead a meaningful life through quality behavioral health care, leadership, promoting individual wellness, and teamwork within our community. Values: Embracing and Supporting a Life of Recovery Transparency in Decision-Making Positive Work and Treatment Environment Responsive to Community Needs</p> | Schedule of Significant Events Board of Directors -4/09/2026 9:00 a.m Personnel 3/23/2026 11:00 a.m. Planning & Finance Cmte-3/25/2026 1:00 p.m. Policy Cmte- 4/01/2026 9:00 a.m. Executive Cmte- 3/31/2026 11:00 a.m. Community Srvc & Relations- 5/05/2026 1:00 p.m. Recipient Rights- 3/18/2026 1:30 p.m. | |
| X | Tanner, Chair | | X | McLain |
| X | Goodman, Vice Chair | | X | Pechacek |
| X | Nye, Secretary | | X | Uhl |
| X | Smith | | X | Markey |
| X | McCraner | | X | Loynes |
| X | Smeltzer | | X | Ruddy |
| X | Nicole Warlin, Recording Secretary | | | |
| Guests: Staff: Tricia Polcik, Chip Johnston, Sarah Garthe, Donna Nieman, Patrick Kozłowski, Brenna Dilts | | | | |
| Time | Agenda Items (Action items are in bold type) | | Action/Responsible Party | Decision |
| 9:00 | Opening | | | |
| | Pledge | Pledge was recited. | | |
| | Roll Call | | | Present: DS, DT, TP, AS, SR, JU, PMc, KG, JMc, RN, JL, TM Absent: None |
| | Introductions | | | |
| | Public Comment <i>THREE MINUTE LIMIT PER SPEAKER</i> | | | |
| | Board Member Comment | Ruddy commented regarding her appointment on the Board. She has submitted her application for re-appointment. | | |
| | Staff Comment | None. | | |
| 9:05 | Minutes/Agenda Actions | | | |
| | Modify or approve agenda for 3/12/2026 | | McLain Moved; Second by Nye to approve the agenda. <i>Motion Carried</i> | |
| | Modify or approve minutes from 2/12/2026 | | McLain Moved; Second by Loynes to approve the minutes from 2/12/2026. <i>Motion Carried</i> | |
| | Eliminate the recording from 2/12/2026 | | Smeltzer Moved; Second by McLain to eliminate the recording from 2/12/2026. <i>Motion Carried</i> | |
| 9:06 | Operations Report and Over-site | | | |
| | NMRE Report | Tanner, Johnston, and Smeltzer shared information from the NMRE. Discussion regarding NMRE Executive Committee including election of officers, PIHP Lawsuit. | | |

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| | | Information sharing and discussion regarding Michigan Public Health Institute (MPHI), and the PIHP Internal Service Fund actuarial and percentage of funds allowed. Discussion regarding NLCMH and the letter sent to the NMRE from the Northern Lakes CEO. Much discussion is occurring regarding the logistics of creating Bridge Health. | | |
| | Directors Report | <ul style="list-style-type: none"> • Motivational Interviewing Training and Faud Waste Abuse Training is being held internally for CWN Staff. • Community Education and collaboration – We are meeting with and talking to our local HSCB’s and Law Enforcement, discussion still occurring for the Mental Health Officer with the Manistee City Police, additional staff is being added to our Assertive Community Treatment (ACT) Team to meet community needs. • Rural Exemption – Great Lakes Rural Mental Health Association (GLRMA) has invited Johnston and other members of the CMHA to attend their Conference in September. • BHH Testimony – Polcik is testifying next week at the Behavioral Health House Subcommittee | | |
| 10:23 | Ten Minute Break | | | |
| | Board Committee Reports | | | |
| 10:32 | <i>Executive Committee</i> | Report from Meeting on 3/03/2026 | | |
| | | Tanner and Johnston went through the report from the 3/3/2026 Executive Committee meeting. | Tanner Moved; Second by Nye to accept the report from the 3/03/2026 Executive Committee meeting. <i>Motion Carried</i> | |
| 10:37 | <i>Personnel Committee</i> | Next Meeting 3/23/2023 | | |
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| 10:37 | <i>Planning and Finance</i> | Report from Meeting on 2/25/2026 | | |
| | | McLain and Nieman went through the report from the 2/25/2026 Planning and Finance Committee meeting. | McLain Moved; Second by Loynes to accept the report from the 2/25/2026 Planning and Finance Committee meeting. <i>Motion Carried</i> | |
| | Financial Statements – Motor Pool Fund | | McLain Moved; Second by McCraner to accept the Motor Pool Fund Financial Statements and place it on file. <i>Motion Carried</i> | |
| | Financial Statements – Enterprise Fund | | McLain Moved; Second by Loynes to accept the Enterprise Fund Financial Statements and place them on file. | |

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| | | | Discussion. <i>Motion Carried</i> | |
| | Financial Statements – Operating Fund | Discussion and review of the YTD Operating Fund Financial Statements. | McLain Moved; Second by McCraner to accept the Operating Fund Financial Statements and place them on file. <i>Motion Carried</i> | |
| | Credit Card Statements | | McLain Moved; Second by McCraner to accept the Credit Card Statements and place them on file. <i>Motion Carried</i> | |
| 10:44 | Recipient Rights | Next Meeting 3/18/2026 | | |
| 10:44 | Community Services and Relations | Next Meeting 5/5/2026 | | |
| 10:44 | Policy and Process | Report from Meeting on 3/4/2026 | | |
| | | Uhl went through the report from the 3/4/2026 Policy and Process Committee meeting. | Smeltzer Moved; Second by McLain to accept the report from the 3/4/2026 Policy and Process Committee meeting. <i>Motion Carried</i> | |
| | | To be adopted: 09.03 Health and Safety | Smeltzer Moved; Second by Pechacek to adopt procedure 09.03 Health and Safety. <i>Motion Carried</i> | |
| | Legislative Update | | | |
| | | No movement on Behavioral Health legislature at the moment. | | |
| | Unfinished Business | | | |
| | Board Member Comment | McLain shared information from NAMI and is looking for feedback and concerns to outline need for supported housing. Smeltzer commented regarding not being able to attend the next Policy Committee meeting. Pechacek commented regarding MBCMH/CWN’s development of housing solutions in the past. | | |
| | New Business | | | |
| | | Johnston submitted his notice of retirement from CWN effective September 30, 2026. | Markey Moved; Second by McCraner to appoint Chair, with assistance by Nicole Warlin to issue RFP to find Recruitment Company to find our new Executive Director. <i>Motion Carried</i> | |
| | Next Meeting | April 9, 2026 – 9:00 a.m. | | |

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| | Adjournment | 11:28 a.m. | | |
| | Meeting adjourned by: | Tanner | | |

Current Goals:

- Communication within the community and collaboration with community partners
- Access to Care for mild/moderate
- Support the Development and Implementation of a Trauma Informed System of Care.
- Pursuit of Rural Exemption

Rhonda Nye *04/09/26*

Rhonda Nye, Board Secretary

Date

Nicole Warlin, Recording Secretary

*All Board Members shall disclose any conflict of interest as applicable per State and Federal regulations (MCL 330.1222 4(a)-(c); 42 CFR 50)