

Present:			Centra Wellness Network Board Meeting Minutes 9:00 a.m. 11/13/25 Administration Vision and Mission Statement: We see a community where everyone’s life is valued, has meaning, and each person is treated with dignity and respect. Enhancing freedom to lead a meaningful life through quality behavioral health care, leadership, promoting individual wellness, and teamwork within our community. Values: Embracing and Supporting a Life of Recovery Transparency in Decision-Making Positive Work and Treatment Environment Responsive to Community Needs	Schedule of Significant Events Board of Directors –12/11/2025 9:00 a.m Personnel 11/24/2025 11:00 a.m. Planning & Finance Cmte-11/19/2025 1:00 p.m. Policy Cmte- 12/04/2025 9:00 a.m. Executive Cmte- 12/02/2025 11:00 a.m. Community Srvc & Relations- 2/3/2026 1:00 p.m. Recipient Rights- 12/17/2025 1:30 p.m.		
X	Tanner, Chair	X				McLain
X	Goodman, Vice Chair	X				Pechacek
X	Nye, Secretary	X				Uhl
X	Smith	X				Markey
	McCraner	X				Loynes
X	Smeltzer					VACANT
X	Nicole Warlin, Recording Secretary					
Guests:						
Staff: Chip Johnston, Tricia Polcik, Donna Nieman, Patrick Kozlowski, Brenna Dilts, Emily Alpers, Sarah Garthe						
Time	Agenda Items (Action items are in bold type)		Action/Responsible Party	Decision	Roll Call Vote	
9:00	Opening					
	Pledge		Pledge was recited.			
	Roll Call				Present: DT, TP, AS, JU, PMc, KG, RN, TM Absent: JMc, DS, JL	
			Smeltzer and Loyne arrived at 9:02 a.m.			
	Introductions		Emily Alpers introduced herself to the Board.			
	Public Comment <i>THREE MINUTE LIMIT PER SPEAKER</i>		None.			
	Board Member Comment		Pechacek commented Happy Birthday to Karen Goodman. Smeltzer commented regarding parking lot lines being newly painted.			
	Staff Comment					
9:03	Minutes/Agenda Actions					
	Modify or approve agenda for 11/13/2025			McLain Moved; Second by Smith to approve the agenda. <i>Motion Carried</i>		
	Modify or approve minutes from 10/09/2025			McLain Moved; Second by Pechacek to approve the minutes from 10/9/2025. <i>Motion Carried</i>		
	Eliminate the recording from 10/09/2025			McLain Moved; Second by Uhl to eliminate the recording from 10/9/2025. <i>Motion Carried</i>		
9:04	Operations Report and Over-site					

	NMRE Report	Tanner, Goodman, Smeltzer and Johnston led a discussion and shared information from the NMRE. Discussion regarding letter sent from our Board to the NMRE regarding Northern Lakes CMH. NMRE will be auditing NLCMH for FY18 and FY19. NLCMH CFO has submitted his notice of resignation and Johnston is assisting the new CEO Lynda Zeller with putting together a team who can assist her through the transition. Update and discussion regarding the Region 10 lawsuit. The next hearing is scheduled for December 8, 2025. Update regarding lawsuit No. 2 regarding the violations to the Mental Health Code in the bid out RFP.		
	Directors Report	Discussion regarding the Behavioral Health Deputy position in Benzie County. Ferris State University has submitted their report from the last 18 months. Information shared from Johnston's presentation at the NACBHDD Conference in New Orleans. CWN will be represented at the upcoming Rural Health Forum by Dilts. Kudos to Garthe for her response with the grief counseling offered after the death of a teacher in Lake Ann. Our current Jail Clinician has moved into a new position. Johnston met with Manistee County Probate Judge, Jared Henry, to explain how our funding works. Judge Henry has presented a proposal for a possible pooled funding arrangement for Public Guardian payments.		
10:20	Ten Minute Break			
	Board Committee Reports			
10:30	<i>Executive Committee</i>	Report from Meeting on 11/04/2025		
		Tanner, Goodman, Nye and Johnston went through the report from the 11/04/2025 Executive Committee meeting.	Goodman Moved; Second by Nye to accept the report from the 11/04/2025 Executive Committee meeting. <i>Motion Carried</i>	
10:38	<i>Personnel Committee</i>	Report from Meeting on 10/20/2025		
		Pechacek and Dilts went through the report from the 10/20/2025 Personnel Committee meeting.	Pechacek Moved; Second by Smith to accept the report from the 10/20/2025 Personnel Committee meeting. <i>Motion Carried</i>	
10:48	<i>Planning and Finance</i>	Next Meeting 11/19/2025		
10:48	<i>Recipient Rights</i>	Next Meeting 12/17/2025		

10:48	Community Services and Relations	Next Meeting 2/3/2026		
10:48	Policy and Process	Report from Meeting on 11/05/2025		
		Tanner went through the report from the 11/05/2025 Policy and Process Committee meeting.	Tanner Moved; Second by McLain to accept the report from the 11/05/2025 Policy and Process Committee meeting. Motion Carried	
	Policies and Procedures	To be put into the Public Hearing Process: 01.13 Board Governance 09.04 .06 Alcohol and Drug-Free Workplace 09.04 Employee Conduct 09.06 Compensation 09.07 Time Off/Leave	McLain Moved; Second by Smeltzer to put procedures into the Public Hearing process: 01.13 Board Governance 09.04 .06 Alcohol and Drug-Free Workplace 09.04 Employee Conduct 09.06 Compensation 09.07 Time Off/Leave Motion Carried	
	Legislative Update			
		The Community Mental Health Association (CMHA) is meeting with the Governor tomorrow regarding the Bid Out.		
	Unfinished Business			
	Board Member Comment	Smeltzer commented regarding the Fall Conference and encouraged other Board Members to attend in the future.		
	New Business			
	Next Meeting	December 11, 2025 – 9:00 a.m. Benzie Community Resource Center		
	Adjournment	10:57 a.m.		
	Meeting adjourned by:	Tanner		

Current Goals:

- Communication within the community and collaboration with community partners
- Access to Care for mild/moderate
- Support the Development and Implementation of a Trauma Informed System of Care.
- Pursuit of Rural Exemption

Rhonda Nye, Board Secretary

Nicole Warlin, Recording Secretary

Date

Rhonda Nye

12/11/25

*All Board Members shall disclose any conflict of interest as applicable per State and Federal regulations (MCL 330.1222 4(a)-(c); 42 CFR 50)