



**CENTRA WELLNESS NETWORK  
PROCEDURE 03.19 FREEDOM OF MOVEMENT**

**I. PURPOSE STATEMENT:**

Centra Wellness Network's (CWN) Governing Body establishes and evaluates policies and related procedures as required by statutory and contractual obligations.

CWN reserves the right in its sole discretion to adopt and implement policies and procedures that ensure a safe, functional and professional workplace that operates with integrity using person-centered focus and planning, trauma informed practices and respect of others, cultural sensitivity and transparency in communication and practice. Organizationally and in practice, CWN is responsive to the needs of clients, community and staff.

Any statements and procedures are subject to review and/or unilateral change, modification, suspension or cancelation in whole or in part of any published/unpublished policies or procedures without notice and without having to give cause, justification, or consideration to any employee. Recognition of these rights and prerogatives of CWN is a term and condition of and maintaining employment.

Policies and Procedures are approved by the Board and/or upon recommendation by the Executive Director or his/her designee.

**II. APPLICATION:**

Agency Wide.

**III. DEFINITIONS:**

N/A

**IV. POLICY STATEMENT:**

The intent of CWN that a recipient shall have the right to the least restrictive conditions necessary to provide mental health services with due safeguards for the safety of persons and property. Mental health services will be provided in the least restrictive setting that is appropriate and available.

**V. PROCEDURES:**

- A. Recipients shall have the freedom to access areas suited for vocational, social and recreational activities.
- B. The freedom of movement of a recipient shall not be restricted more than is necessary to provide mental health services to him or her, to prevent injury to him or her or to others, or to prevent substantial property damage, except that security precautions appropriate to the condition and circumstances of an individual admitted by order of a criminal court.
- C. A restriction of the right to freedom of movement, the date the restriction expires, and the justification for its adoption shall be promptly noted in the record of the resident. This documentation shall also include attempts to avoid such restrictions, as well as what action will be taken as part of the plan to ameliorate or eliminate the need for the restrictions in the future.
- D. A recipient or other person on the recipient's behalf shall have the right to appeal individual limitations of freedom of movement restrictions. Such appeal shall be made to the CWN Executive Director who shall respond in writing with his/her decision in ten business days. This same process shall apply to a denial of leave request. The decision of the Executive Director is final.
- E. Any restriction on freedom of movement of a recipient is removed when the circumstance that justified its adoption ceases to exist.

**VI. EXHIBITS:**

N/A

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**VII. REFERENCES:**

<b>Authority and Related Directives Trace</b>	
Federal	42 CFR §438.100 (2)(v) and (3)(c)(d).
State	MHC 330.1708, 330.1712, 330.1744, 330.1752
NMRE	Administrative Manual Policy# 07-01-014
County	Interlocal Agreement of December 1992 Section IX(j)
CARF	CARF 2022 Behavioral Health Standards
Other	Board By-Laws