

Manistee Friendship Society – September 2023 Activity Calendar

Please call 231-398-0434 or 231-655-3278 for more information

50 Filer Street Suite 320, Manistee Mi. 49660 (3rd floor)

Visit our website ManisteeFriendshipSociety.org or “like” our Facebook page to get more info!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10am-11am Anger Management 12:30pm-1:30pm: Arts & Crafts	2 CLOSED
3 CLOSED	4 CLOSED Labor Day	5 10am-11am -SMART Recovery Family & Friends 11am-12pm: LGBTQ+ Support Group 1:00pm-2:00pm- Beginners DBT Class	6 Suds Your Duds Laundry Program- MFS Members Only. (Please call to make an appointment) 2:00pm-4:00pm And Here We Are Training (Please call to register)	7 10am-12pm Feeding America MFS Pantry Help 10am-11am -SMART Recovery 10:00am-1:00pm: NMCAA Homeless Navigator drop-in hours: 1-844-900-0500 1:00pm-2:00pm- DBT Skills ADVANCED Class	8 10am-11am Anger Management 12:30pm-1:30pm: Arts & Crafts	9 CLOSED
10 CLOSED	11 10am-11am -SMART Recovery 11am: Seeking Safety Class 12:30pm-2pm: QPR Training (Please call to register)	12 10am-11am -SMART Recovery Family & Friends 11am-12pm: LGBTQ+ Support Group 1:00pm-2:00pm- Beginners DBT Class 4:00pm-7:00pm: Suicide Prevention & Awareness Event- 1st St. Beach Lions Pavilion	13 11:00am: Fresh Food Bingo 1:00pm-2:00pm: Work out with friends	14 10am-11am -SMART Recovery 10:00am-1:00pm: NMCAA Homeless Navigator drop-in hours: 1-844-900-0500 1:00pm: CWN Consumer Advisory Council Meeting 1:00pm-2:00pm- DBT Skills ADVANCED Class	15 10am-11am Anger Management 12:30pm-1:30pm: Arts & Crafts	16 CLOSED
17 CLOSED	18 10am-2pm: Volunteering @ Northern Pathways Equine Center. (Please call to sign up) 10am-11am -SMART Recovery 11am: Seeking Safety Class	19 10am-11am -SMART Recovery Family & Friends 11am-12pm: LGBTQ+ Support Group 1:00pm-2:00pm- Beginners DBT Class	20 CLOSED 10:30am John Ball Park Traveling Zoo (Please call to register)	21 10am-11am -SMART Recovery 10:00am-1:00pm: NMCAA Homeless Navigator drop-in hours: 1-844-900-0500 1:00pm-2:00pm- DBT Skills ADVANCED Class	22 10am-11am Anger Management 12:30pm-1:30pm: Arts & Crafts	23 CLOSED
24 CLOSED	25 10am-11am -SMART Recovery 11am: Seeking Safety Class 12:30pm-1:30pm: Pathways to Recovery	26 9am-10am: Board Meeting 10am-11am -SMART Recovery Family & Friends 11am-12pm: LGBTQ+ Support Group 1:00pm-2:00pm- Beginners DBT Class	27 Feeding America Mobile Food Bank 11am, located @ St. Joe’s Church-249 6th St. Manistee. Drive thru only. You may pick up for someone as a proxy.	28 10am-11am -SMART Recovery 10:00am-1:00pm: NMCAA Homeless Navigator drop-in hours: 1-844-900-0500 1:00pm-2:00pm- DBT Skills ADVANCED Class	29 10am-11am Anger Management 12:30pm-1:30pm: Arts & Crafts	30 CLOSED