

Present:			Centra Wellness Network Board Meeting Minutes 9:00 a.m. 9/11/2025 Administration Vision and Mission Statement: We see a community where everyone’s life is valued, has meaning, and each person is treated with dignity and respect. Enhancing freedom to lead a meaningful life through quality behavioral health care, leadership, promoting individual wellness, and teamwork within our community. Values: Embracing and Supporting a Life of Recovery Transparency in Decision-Making Positive Work and Treatment Environment Responsive to Community Needs	Schedule of Significant Events Board of Directors –10/9/2025 9:00 a.m. Personnel 9/22/2025 3:00 p.m. Planning & Finance Cmte-9/24/2025 1:00 p.m. Policy Cmte- 10/01/2025 9:00 a.m. Executive Cmte- 9/30/2025 11:00 a.m. Community Srvc & Relations- 9/30/2025 1:00 p.m. Recipient Rights- 12/17/2025 1:30 p.m.		
X	Tanner, Chair	X				McLain
	Goodman, Vice Chair	X				Pechacek
	Nye, Secretary	X				Uhl
	Smith	X				Markey
X	McCraner					Loynes
X	Smeltzer					VACANT
X	Nicole Warlin, Recording Secretary					
Guests:						
Staff: Sarah Garthe, Tricia Polcik, Chip Johnston, Patrick Kozlowski, Donna Nieman, Brenna Dilts						
Time	Agenda Items (Action items are in bold type)	Action/Responsible Party	Decision	Roll Call Vote		
9:00	Opening					
	Pledge	Pledge was recited.				
	Roll Call			Present: DT, PMc, TP, JMc, DS, JU, TM, KG Absent: RN, AS, JL		
		Goodman arrived at 9:02 a.m.				
	Introductions	None.				
	Public Comment <i>THREE MINUTE LIMIT PER SPEAKER</i>	None.				
	Board Member Comment					
	Staff Comment	Garthe commented regarding her presentation for the Manistee Forest Service at and also about the positive feedback received from a current intern.				
9:03	Minutes/Agenda Actions					
	Modify or approve agenda for 9/11/2025		McLain Moved; Second by Smeltzer to approve the agenda. <i>Motion Carried</i>			
	Modify or approve minutes from 7/10/2025 Full Board Meeting		McLain Moved; Second by Pechacek to approve the minutes from 7/10/2025 Full Board Meeting. <i>Motion Carried</i>			
	Eliminate the recording from 7/10/2025 Full Board Meeting		Smeltzer Moved; Second by Markey to eliminate the recording from 7/10/2025 Full Board Meeting. <i>Motion Carried</i>			
	Modify or approve the minutes from 8/14/2025		Pechacek Moved; Second by McLain to approve the minutes from 8/14/2025 Board			

	Board Development Meeting		Development Meeting. <i>Motion Carried</i>	
	Eliminate the recording from 8/14/2025 Board Development Meeting		McLain Moved; Second by Markey to eliminate the recording from 8/14/2025. <i>Motion Carried</i>	
9:04	Operations Report and Over-site			
	NMRE Report	Tanner, Smeltzer and Johnston reported from the NMRE meeting. Discussion regarding the PIHP Bid Out lawsuit and UCA. Update regarding the Northern Lakes audit and misallocations lookback. Information sharing regarding the current search for an Executive Director at Northern Lakes CMH.		
	Directors Report	Update regarding other current lawsuits – PIHP Contract – still pending, Region 4, 5 and 10 lawsuit regarding the PIHP Bid Out Region map – in mediation, Lakeshore Regional Entity lawsuit with the State of Michigan regarding the IPA tax, and CMH lawsuit from the PIHP Bid Out. Great Lakes Rural Mental Health Association (GLRMA) is looking at extending invitation to future conferences to CMH's in the northern area of the Lower Peninsula. Meeting was held with the City Manager, Mayor and Chief of Police for the City of Manistee to discuss the Behavioral Health Law Enforcement Officer position.		
9:57	Ten Minute Break			
	Board Committee Reports			
10:10	Board Development Meeting	Report from Meeting on 8/14/2025		
	Strategic Plan		Pechacek Moved; Second by Smeltzer to approve and adopt the FY26 Strategic Plan. ROLL CALL VOTE <i>Motion Carried</i>	Yes: TM, KG, JU, DT, JMc, PMc, TP, DS No: None Absent: RN, AS, JL
10:13	Executive Committee	Report from Meeting on 9/02/2025		
		Goodman and Johnston went through the report from the 9/02/2025 Executive Committee meeting.	Goodman Moved; Second by McCraner to accept the report from the 9/02/2025 Executive Committee meeting. <i>Motion Carried</i>	
	Special Assessment	Discussion regarding request for funds from CMHA for a special assessment.	McLain Moved; Second by Smeltzer to decline to make any funds available to the CMHA Special Assessment. ROLL CALL VOTE <i>Motion Carried</i>	Yes: TP, PMc, KG, TM, DS, JMc, DT, JU No: None Absent: RN, AS, JL

10:22	Personnel Committee	Next Meeting 9/22/2025		
10:22	Planning and Finance	Report from Meeting on 8/27/2025		
		McLain and Nieman reviewed the minutes from the 8/27/2025 Planning and Finance Committee meeting.	McLain Moved; Second by McCraner to accept the report from the 8/27/2025 Planning and Finance Committee meeting. <i>Motion Carried</i>	
	FY26 Budget	Review and discussion of FY26 Budget.	McLain Moved; Second by Uhl to approve the FY26 Budget. ROLL CALL VOTE <i>Motion Carried</i>	Yes: TP, PMc, KG, TM, DS, JMc, DT, JU No: None Absent: RN, AS, JL
	Financial Statements – Operating Fund	Review and discussion of Year-to-Date Operating Fund Financial Statements.	McLain Moved; Second by Smeltzer to accept the Year-to-Date Financial Statements and place them on file. <i>Motion Carried</i>	
	Credit Card Statements		McLain Moved; Second by Pechacek to accept the credit card statement and place it on file. <i>Motion Carried</i>	
10:29	Recipient Rights	Next Meeting 12/17/2025		
10:29	Community Services and Relations	Next Meeting 9/30/2025		
10:29	Policy and Process	Report from Meeting on 9/03/2025		
		Tanner went through the report from the 09/03/2025 Policy and Process Committee meeting.	Tanner Moved; Second by Smeltzer to accept the report from the 9/03/2025 Policy and Process Committee meeting. <i>Motion Carried</i>	
	Policies/Procedures	To be adopted: 09.08 Benefits 09.09 Human Resource Records To be eliminated: 09.08.01 Holidays 09.08.02 Tuition Reimbursement 09.08.03 Health Benefits 09.08.03a Health Benefits Grievance Procedure 09.08.03b Retiree Health Benefits Program 09.08.04 Disability, Life and AD&D Insurance 09.08.05 Pension, In Lieu of Social Security 09.08.06 Deferred Compensation 09.08.07 Workers' Compensation 09.08.08 Malpractice/Liability Insurance 09.09.01 SS Privacy 09.05.10 HR Record and Retention 09.05.11 Personnel Files	Tanner Moved; Second by Smeltzer to adopt procedures 09.08 Benefits and 09.09 Human Resource Records <i>Motion Carried</i> Uhl Moved; Second by Pechacek to eliminate procedures: 09.08.01 Holidays 09.08.02 Tuition Reimbursement 09.08.03 Health Benefits 09.08.03a Health Benefits Grievance Procedure	

			09.0803b Retiree Health Benefits Program 09.08.04 Disability, Life and AD&D Insurance 09.08.05 Pension, In Lieu of Social Security 09.08.06 Deferred Compensation 09.08.07 Workers' Compensation 09.08.08 Malpractice/Liability Insurance 09.09.01 SS Privacy 09.05.10 HR Record and Retention 09.05.11 Personnel Files <i>Motion Carried</i>	
	<i>Legislative Update</i>			
		Johnston has been in contact with representatives regarding legislative oversight. Meeting between Markey and Johnston with Coffia's office went well. Johnston participated in a podcast with the Manistee Democratic Party. He will be attending next week's Manistee County Commissioners meeting.		
	Unfinished Business			
	Board Member Comment	McLain commented regarding the November Planning and Finance Committee meeting date being moved to 11/19/25. Many comments and much discussion regarding the lawsuits and MDHHS Oversight Committee, PIHP Bid Out.		
	New Business			
	Next Meeting	October 9, 2025 – 9:00 a.m.		
	Adjournment	10:53 a.m.		
	Meeting adjourned by:	Tanner		

Current Goals:

- Communication within Community
- Access to Care for mild/moderate
- Support the Development and Implementation of a Trauma Informed System of Care.
- Pursuit of Rural Exemption

Rhonda Nye

Rhonda Nye, Board Secretary

Date

Nicole Warlin, Recording Secretary

*All Board Members shall disclose any conflict of interest as applicable per State and Federal regulations (MCL 330.1222 4(a)-(c); 42 CFR 50)