

BENZIE FRIENDS DROP-IN CENTER September 2024

Sun	Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Phone Support Available 10-2	3 PATHWAYS 10:45AM BIG Prize Bingo Lunch	4 Food Pantry Music Therapy W/ Carla 11:00pm Dance Fitness 12:15pm Spiritual Support 1pm	5 Dance Fitness -11am MEMBER MEETING AND PIZZA LUNCH 12-2PM	6 Movie Theater TC	7 SHOP & Coffee Club 10-12 (MAKE YOUR OWN BUS) Phone Support Available 10-4
8	9 Phone Support Available 10-2	10 PATHWAYS 10:45AM BIG Prize Bingo 1-2 Lunch Hearing Voices GROUP 3-5PM w/dinner	11 Food Pantry Music Therapy W/ Carla 11:00pm Dance Fitness 12:15pm Spiritual Support 1pm	12 Art w/ Jess 10:30 Lunch DBT SKILLS CLASS 1-2PM GYM 2-3pm	13 GYM 10-12pm Painting Workshop w/ Renee 1-3pm	14 PIZZA Saturday 12-2 Phone Support Available 10-4
15	16 Phone Support Available 10-2	17 Walk A Mile Lansing Over Night Trip Sign Up	8 No Food Pantry Detroit Zoo Visit Over Night Trip	19 Art w/ Jess 10:30 Lunch DBT SKILLS CLASS 1-2PM GYM 2-3pm	20 Staff Training Day	21 SHOP & Coffee Club 10-12 (MAKE YOUR OWN BUS) Phone Support Available 10-4
22	23 Phone Support Available 10-2	24 PATHWAYS 10:45AM BIG Prize Bingo Lunch Hearing Voices GROUP 3-5PM w/dinner	25 Food Pantry Music Therapy W/ Carla 11:00pm Dance Fitness 12:15pm Spiritual Support 1pm	26 Art w/ Jess 10:30 Lunch DBT SKILLS CLASS 1-2PM GYM 2-3pm	27 HAIRCUTS AND MALL WALK	28 PIZZA Saturday 12-2 Phone Support Available 10-4
29	30 Phone Support Available 10-2	31 PATHWAYS 10:45AM BIG Prize Bingo Lunch				

Staff available by phone 9:30am – 4:30pm Tuesday – Friday, Monday 10-2pm Call ahead for your food box!

231-383-4300

